

Compendium of Organizations in Colonial Beach Providing Services During This Time of Need

This compendium has been compiled by the Colonial Beach Community Foundation (Foundation) to identify various resources that are available to residents during this time of need because of the COVID-19 pandemic. The Foundation has reached out to all the following organizations for information about the services they provide and how to access them; and, for those who want to contribute time or money, how to support these organizations. The information presented below is as complete as the Foundation could determine. However, for those needing services or those wanting to contribute, please contact the organizations themselves to determine the process.

TOWN OF COLONIAL BEACH GOVERNMENT

The Town of Colonial Beach provides essential services, such as police protection, water and sewer services, trash removal, permitting, zoning, public space maintenance, and other similar types of services.

During this time of crisis, the town offices are mostly closed. However, the town is still responding to urgent requests and crises. To contact the town with an urgent situation, go to www.ColonialBeach.net and search for the appropriate department. The town's Facebook page is www.facebook.com/townofCBVA/.

The town also has provided FAQs (Frequently Asked Questions) related to COVID-19 implications. You can find those FAQs here: <https://colonialbeachva.net/coronavirus-updates/>. Scroll through the entire site to get very useful information on how to cope in these trying times.

COLONIAL BEACH COMMUNITY FOUNDATION

The Foundation is one of the principal charitable organizations in Colonial Beach. Its mission is to "...enhance the quality of life in and around Colonial Beach." It has identified certain areas to focus on including youth development, environment protection and beautification, health and wellbeing, and quality of life/cultural enhancement. To those ends, the Foundation raises funds through a variety of ways and then disburses the funds to organizations that provide services that relate to those objectives.

With respect to taking actions related to the current crisis, the Foundation has allocated funding to provide gift cards from Halls and Food Lion that will go to the food pantries for distribution to their recipients. The gift cards can provide much-needed resources for the recipients, enabling them to purchase products that the food pantries do not provide. The Foundation also has provided funding to Healthy Harvest, the main food bank that provides food to local food pantries. The Foundation

encourages the community to support this effort. To contribute follow this link: <https://charity.gofundme.com/o/en/campaign/colonial-beach-community-foundation-food-bank-assist>. The Foundation also has produced this compendium that can provide valuable information to the community on how and where to receive needed services, and what organizations might be in need of financial or volunteer support.

For more information and to become a Foundation member, go to: <https://www.facebook.com/cbvafoundation/>
<https://cbcommunityfoundation.org>
communications@cbcommunityfoundation.org

BAY AGING

Neighbors Helping Neighbors. To help seniors stay in their homes and be safe during the coronavirus outbreak, Bay Aging, in collaboration with area stakeholders, has launched a new initiative named Helping Neighbors. Concurrently, Bay Aging is rebranding its Volunteer Coordination/Needs Request program, making it part of the Helping Neighbors program.

Helping Neighbors is a volunteer program designed to help keep seniors safe and at home during the COVID-19 pandemic. While it focuses on seniors, it is not limited to seniors, and anyone of any age who has underlying health conditions can participate.

The Helping Neighbors coordinator is Laureen Cobb (lcobb@bayaging.org). Laureen is working with the county administrators and other stakeholders across the region to build out the phases of the program.

Helping Neighbors is not a substitute for or associated with Bay Aging's Meals on Program. Nevertheless, a Helping Neighbors flier is being distributed to all Meals on Wheels clients as a first step to build awareness, as well as offering aid to those who might be in need. Bay Aging also is sharing the fliers with the faith community, civic organizations, area radio stations, and other stakeholders across the region.

Bay Aging will integrate restaurant meals and weekend meals with Helping Neighbors volunteers, purchasing meals from area restaurants to help local economies. Once they identify communities where requests are coming from, they will approach restaurants in or near those communities.

Bay Transit. Bay Transit continues to operate as normal, but with these processes and procedures in place.

- Bay Aging is conducting employee health checks for all Bay Transit employees at the beginning of their shifts every day, including checking for COVID-19 symptoms and taking their temperature.
- All buses are being disinfected several times a day.

- On-demand service is available throughout the service area Monday through Friday from 6 AM to 6 PM.
- To minimize passenger and driver interaction, Bay Transit has suspended all fare collection. That means all passengers ride for free until further notice.
- As customers call in to schedule rides, they are pre-screened.
- To facilitate social distancing while on the bus, Bay Transit is limiting buses to a maximum of three people and have seats taped off to keep riders separated and away from the bus driver.
- In coordination with area hospitals, Bay Transit has suspended stops at urgent care facilities and hospitals along its fixed route lines in Gloucester and Essex County.
- As customers call in to schedule rides, Bay Transit is asking them to limit travel to essential rides to work, medical appointments, the bank and shopping for necessities.
- Whenever possible, Bay Transit is asking riders to wear face masks while riding on Bay Transit buses.

Meals on Wheels. Bay Aging currently has 13 Meals on Wheels recipients in the 22443 zip code. To help ensure the health and safety of those recipients and Meals on Wheels volunteers:

- Bay Aging has distributed print instructions to all clients and volunteers on health and safety precautions.
- Bay Aging volunteers and staff continue to deliver meals to all existing Meals on Wheels recipients and actively enroll new clients who are confronting potential food insecurity.
- Meal deliveries are complemented with fresh produce.
- Shelf-stable meals are augmenting meal deliveries to further safeguard recipients from food shortages.
- Bay Aging is continuing to enroll new clients into the Meals on Wheels program.
- Meals continue to be delivered on a regular basis, and volunteers are taking additional safety precautions to protect themselves and their clients.
- Bay Aging is recruiting additional volunteers as needs continue to be identified. Please contact information below.

Accessing Bay Aging Services. The best way to get information about the services Bay Aging offers is to visit their website at <https://bayaging.org/> or visit their Facebook page (<https://www.facebook.com/BayAgingVA/>). If you do not have access to the internet, you can call them at 1-800-493-0238.

Contributing to Bay Aging. Those who want to support Bay Aging Helping Neighbors program with a donation or as a volunteer, should visit do so at <https://bayaging.org/support>. As an alternative, donations made payable to the Bay Aging Foundation and mailed to Bay Aging at: P.O. Box 610, Urbanna, VA 23175.

FOOD PANTRIES

At least 5 food pantries serve the Colonial Beach area. The Colonial Beach Community Foundation is providing all 5 with \$10 Halls or Food Lion gift cards. Those gift cards will allow recipients to purchase needed items that the pantries do not provide. The gift cards cannot be used to purchase alcohol or tobacco items. The pantries themselves have flexibility in terms of how many gift cards to give to each

recipient. Please contact the individual pantries to confirm details related to time and dates, and/or to volunteer or contribute financially. Contributions also can be made to the Foundation, which will be used to support the food pantries, via this link: <https://charity.gofundme.com/o/en/campaign/colonial-beach-community-foundation-food-bank-assist>

The area food pantries run by the churches are identified below.

**St. Mary's Episcopal Church,
203 Dennison St.
804.224.7186**

Co-organizers: Susan Mack & Ann Flaim

www.facebook.com/stmaryscbva

www.stmaryscolonialbeach.org/

- Announcements regarding the food pantry are made on the St Mary's Church Facebook page (www.facebook.com/stmaryscbva/), as well as to general posting.
- The normal schedule is the 2nd and 4th Mondays of the month, from 10:00 AM until 12:00 AM; and the 2nd and 4th Thursdays, from 6:00 PM until 7:00 PM. The food pantry is set up in the Parish Hall on Washington Ave during those times.
- During the quarantine, St. Mary's food pantry will be open on the 2nd & 4th Mondays only with curbside service to reduce contact.
- Clients live must in 22443 zip code area and may pick up food only once during the month.

To volunteer at the St. Mary's food pantry, email Susan Mack at susanblueskies@hotmail.com. Susan distributes a monthly volunteer signup sheet and handles scheduling.

Monetary donations to the St. Mary's food pantry may be made directly to St. Mary's Episcopal Church, ATTN: Ann Flaim, 203 Dennison St., Colonial Beach, VA 22553.

Colonial Beach Baptist Church

10 Garfield Ave

804.224.7555

www.facebook.com/ColonialBeachBaptistChurch/

www.colonialbeachbaptistchurch.org

- Currently, Colonial Beach Baptist Church opens its food pantry on Thursdays, from 10 AM until noon. Once COVID-19 related restrictions are lifted, the church eventually will return to their regular schedule of every Tuesday and Thursday, from 10 AM until noon.
- Recipients must have a Colonial Beach, address in the 22443 zip code. Distribution is income based (self-declared) or received government services, such as Medicaid, Supplemental Security Income (SSI), and Supplemental Nutrition Assistance Program (SNAP) Benefits.
- Monetary donations, may be mailed to Colonial Beach Baptist Church, 10 Garfield Ave, P.O. Box 27, Colonial Beach, VA 22443. Food donations may be dropped at the pantry on Thursdays.

Colonial Beach Methodist Church

1 Washington Ave

804.224.7030

<https://www.facebook.com/pg/colonial.beach.united.methodist.church>

<http://cbumc.org>

Until further notice, the Colonial Beach Methodist Church food pantry opens at 10:00 AM every Thursday and stays open for one hour. The pantry is handled through the Op Shop, which is located at 111 Hawthorn Street.

St. Elizabeth of Hungary & St. Anthony of Padua Catholic Church in Colonial Beach

2 Lossing Ave

804.224.7221

Susansmiga@saintselizabethandanthony.com

<https://www.facebook.com/pages/St-Elizabeth-of-Hungary-Roman-Catholic-Church/119618754856977>

<https://saintselizabethandanthony.com>

Food Pantry run by St. Elizabeth of Hungary and St. Anthony of Padua has been closed temporarily. Contact the church for more information.

Little Zion Baptist Church

7748 Leedstown Rd

Oak Grove

804.224.0418

<https://www.facebook.com/pages/Little-Zion-Church/126290257417009>

www.OurLittleZion.org

Little Zion operates its food pantry on the 3rd Saturday of every month, From 9 AM until 10:30 AM.

THE COLONIAL BEACH CHAMBER OF COMMERCE

The Colonial Beach Chamber of Commerce represents the businesses in Colonial Beach. As such, they provide a wide range of services for their members and produce many of the town's events and activities.

During this time of crisis, the Chamber has been supporting the business community with information on how to cope with various aspects of the situation, including how to tap into the government support programs that have been approved.

For more information, contact the chamber at:

106 Hawthorn St.
804.224.8145
[www.Facebook.com/colonialbeachva](https://www.facebook.com/colonialbeachva)
www.colonialbeach.org
info@colonialbeach.org

THE COLONIAL BEACH VILLAGE

The Colonial Beach Village Inc., a 501(c)(3) nonprofit corporation, was established in 2011 to meet the needs of the senior community living within the 22443 zip code. The Village concept supports seniors aging in place, enabling them to remain in their own homes by providing a variety of personal services. Members pay a yearly fee, currently \$50.00, which covers the Village's operational costs.

The Colonial Beach Village attempts to provide the following tasks and services, dependent on the skill set of the membership at any given time.

- Transportation. Rides to and from medical appointments, local shopping, personal errands and appointments, and social obligations; and running errands for members.
- Home Repair. Help with basic handyman tasks, such as changing light bulbs, unclogging drains, seasonal yard work, and light snow shoveling.
- Paperwork. Help with balancing checkbooks, paying bills, and filling out forms; as well as understanding legal, medical, and financial documents.
- Electronics. Help and instruction with computers, TVs, cell phones, appliances, cameras, and all things digital.
- Social. Provide speakers on various health, financial, and other pertinent issues; and organize potluck dinners, restaurant meals, and game parties.
- Support. Help in times of illness, such as meal preparation, accessing medical care and services, occasional relief to caregivers, pet care, and "rise-and-shine services."
- Medical. Maintaining a list of people who might lend convalescent aids, such as wheel chairs, walkers, crutches, and hospital beds.
- Referrals. Refer contractors for home repairs and modifications. Act as a third-party observer during negotiations with contractors and throughout the contract to its satisfactory completion.

To use the services, individuals must join the Village. Active members contact a service coordinator or a board member with their needs, who will notify an appropriate providing member. The providing and requesting members will discuss the details and scheduling of the service.

Visit the Village's website, cbvillageinc.org, for more information. While the website contains a great deal of relevant, it is not kept completely current because it does not provide the security necessary for Village operation. For administrative purposes and posting information, the Village uses the *Lotsa Helping Hands* website, designed for nonprofits, because it offers password protection and a variety of tools beneficial to Village operation.

The Village's mailing address is:

The Colonial Beach Village, Inc.
P.O. Box 476
Colonial Beach, VA 22443

In view of the current COVID-19 situation, the Colonial Beach Village has stopped all services and social activities that involve physical contact except for transportation services, which are left to the discretion of the parties involved. All of members are seniors and, therefore, defined as high risk under the current guidelines. For now, members are staying at home, but in the future, may require some assistance from outside the Village.

SERVICE/FRATERNAL ORGANIZATIONS

Colonial Beach has several service/fraternal organizations that provide various types of charitable services to their constituents, including fundraising, social events, and other support services. These organizations in Colonial Beach include The Fraternal Order of Eagles, The Loyal Order of Moose, The American Legion, and Veterans of Foreign Wars. Contact each service organization to learn the services they provide and how to get involved.

Fraternal Order of Eagles

517 Colonial Ave
804.224.4315
cbeagles4315@gmail.com
<https://www.facebook.com/cbeagles4315/>
<http://www.foe4315.org/>

Loyal Order of Moose

4780 James Monroe Hwy
804.224.0931
Lodge1267@MooseUnits.org
<https://www.virginiamoose.org/LodgeInfo.php?LodgeNumber=1267>
<https://www.facebook.com/colonialbeach.mooselodge/>

American Legion

27 Colonial Ave
804.224.0718.
<https://www.facebook.com/American-Legion-Colonial-Beach-Post-148-143723195811444/>
<http://www.americanlegion148.org/Location.php>

Veterans of Foreign Wars

107 Hawthorn Street

804.224.9510

vfw10574@gmail.com

<https://www.facebook.com/vfw10574/>

<https://vfw.org>

BAMM

The BAMM (Beach Arts, Music, and Mentoring) program was founded in Colonial Beach in 2017 by a group of concerned citizens under the auspices of the Colonial Beach Community Foundation. They were brought together by a common belief that because many students in the Colonial Beach school system lack full access to art, music, life skills training, and career guidance, BAMM could help fill that gap. Determined to make a difference, they began planning group and individual mentoring programs for the local students. The mission of the BAMM Program is to empower youth in the Colonial Beach school system to make positive life choices and enable them to maximize their personal potential.

At the grade/middle school level, BAMM is the community partner with the 21st Century Learning Center Afterschool Program. BAMM provides community volunteers to present enrichment programs to the students. BAMM has provided such things as pumpkin carving, paper airplane making, relaxation yoga, an introduction to tennis, etc.

Because there is no music program at Colonial Beach High School (CBHS), BAMM created and continues to sponsor a music club, which offers students some musical experience. BAMM has been running the program for a little over a year with 5 or 6 dedicated volunteers on Friday afternoons.

BAMM sponsors several scholarships for graduating seniors at CBHS. Last year, they provided six \$500 scholarships to students who would be attending small state or community colleges, or specialty schools, such as the culinary institute.

BAMM has sponsored several kids interested in Little League or T-Ball league, but whose families struggle coming up with the \$80 league fees. BAMM has paid these fees in full for any family unable to do so. BAMM has worked closely with other NGOs such as CB Kids. BAMM volunteers helped at CB Kids annual Christmas Party, serving families, packing gifts, running games and activities, etc. Until recently, when the schools changed their operating procedures, BAMM volunteers helped every morning preparing the breakfast and lunches that are being delivered by the school cafeteria to local students and their families.

BAMM is currently the designated organization in charge of children's activities and programs for the Colonial Beach Community Foundation.

In this time of social distancing and isolation, BAMM is working with the schools to distribute age-appropriate activity kits to the kids in the school system.

For more information about BAMB, contact John Heath at JHeath48@gmail.com or visit <https://www.facebook.com/CBBAMM/>.

COLONIAL BEACH REDEVELOPMENT AND HOUSING AUTHORITY

The Redevelopment and Housing Authority has been initiated by the Colonial Beach Town Council. It assists low-income homeowners in Colonial Beach with home repairs that cost up to \$2500. Anyone who would like to receive services from the Authority can reach out to the Town.

For more information, contact Judi Morris, Chair, at judedocm@aol.com.

COLONIAL BEACH PUBLIC SCHOOL SYSTEM

The Colonial Beach Public School System provides meals free of charge to students under the age of 18 and is continuing to do this for the remainder of the school year.

For more information, see:

<https://www.facebook.com/ColonialBeachPublicSchools/>
www.CBSchools.net

WESTMORELAND DEPARTMENT OF SOCIAL SERVICES

According to their website, Westmoreland Department of Social Services is part of the Virginia Department of Social Services and provides the following services:

- Temporary Assistance for Needy Families
- Supplemental Nutrition Assistance Program
- Medicaid
- Adoption
- Child Care Assistance
- Refugee Resettlement Services
- Child and Adult Protective Services

For more information on how to access these services, contact the Westmoreland Department of Social Services:

18849 Kings Highway

Montross, VA 22520

Phone: (804) 493-9305

<https://www.facebook.com/VDSSGOV>

<https://www.dcfoffices.org/office/westmoreland-department-of-social-services>